

A photograph of Anna-Vija McCloud on a stage. She is wearing a maroon dress and is standing in front of a backdrop that says "Flourish". There are two wicker chairs and a potted plant on the stage.

ANNA-VIJA MCCLOUD

CORPORATE TRAINER | SPEAKER | CONNECTOR | CEO

TIME HACKS

How to Maximize Executive Productivity and Team Output

Do you often feel like there's never enough to meet the demands of your role? Learn powerful strategies tailored to help executives, sales leaders, business owners, and marketing professionals streamline their workflows and maximize productivity.

You'll learn how to prioritize your most important tasks, take control of your calendar, and work smarter —ultimately boosting your impact without adding stress. This session provides actionable techniques to regain balance and focus, ensuring you're using your time to achieve your highest-level goals with efficiency and ease.

SPEAKING + CORPORATE TRAINING:

- Keynote Presentation (45-60 Minutes)
- Virtual or In-Person Training (50 min presentation; 10 min Q+A)
- Half-Day In-Person Workshop (4 Hours)

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Key Talking Points:

- Prioritizing your time
- Taking control of your calendar
- How to boost impact without stress



piccolo™

615-348-7768

annavija@piccolosolutions.com

annavija.com

piccolosolutions.com

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